

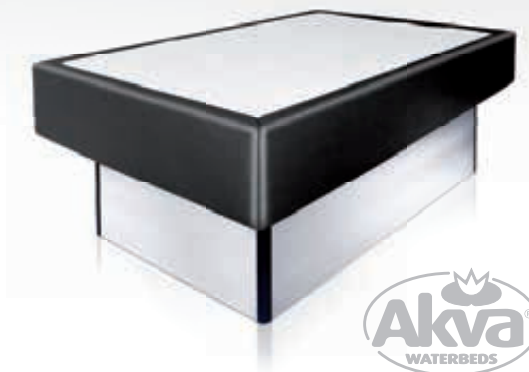
Unique market position and tailor-made training programme

With the wavebalance® therapy system and the BalanceFloater®, you are utilising the therapeutic qualities of water in a completely new way. Your therapeutic facility will gain a unique new market position and you will reach new groups of patients.

We have developed a training programme especially for the wavebalance® therapy system that we would be happy to tailor to your specific needs.

For larger institutions, we offer in-house trainings after the purchase of the BalanceFloater®. This way, we are able to get to know your company and employees personally.

We also offer wavebalance® trainings for small groups at our studios in Wuppertal, in Ravensburg near Lake Constance, or in Ry, Denmark. Ask us for specific details.



BalanceFloater® Manual

Training and treatment couch

With a height of 82 cm, the BalanceFloater® **Manual** is especially well suited for massages, therapy und training according to the wavebalance® therapy system. Likewise, the waterbed can be used for many further applications and therapeutic treatment techniques.



An overview of all BalanceFloater® models and of the various wavebalance® applications can be found on www.wavebalance.de

wavebalance®

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wavebalance®
Movement. Prevention. Therapy.

The healing rhythm of waves
on the BalanceFloater®



Relaxation

Movement

Therapy

Carried by water: flowing, rhythmic and
wave-like 3D oscillation technique

The wavebalance® therapy system

wavebalance® is a comprehensive wellness concept and therapy programme developed by German physiotherapist Manuela Sonntag. The unique combination of warmth, water, constantly dynamic, undulating wave movements and the manual work of the therapist unite to let users experience a state of deeply felt harmony and relaxation.

wavebalance® includes these three key components:

- **BalanceFloater®** – a custom-built water-filled massage couch for providing wavebalance® therapy, also suitable for many other massages and treatments offered in your facility.
- A series of proven physiotherapeutic treatments – comprised of elements of sport therapy, osteopathy, the Bobath concept, as well as functional kinesiology in the areas of orthopedics, surgery, neurology, geriatrics and palliative medicine.
- A bespoke training programme – for future wavebalance® trainers and massage therapists – for the professional treatment and preventative therapy of patients.

Medical wavebalance® treatment

Treatment on the BalanceFloater®

Wherever you treat your patients, wavebalance® optimises the holistic therapy of all acute and chronic painful conditions. Long neglected locomotor dysfunctions and resulting pain can be optimally treated on the BalanceFloater®.

wavebalance® treatment technique

BalanceFloater® as “co-therapist”

The base for any successful massage therapy is the patient's ability to relax. This can be decidedly improved by the flowing, constantly dynamic, 3D undulating movement of the water. Through the linear, rotating and counter-rotating motions of the water, patients are supported from all sides. Simultaneous anterior and posterior massage strokes are possible with patient lying in supine position. The wavebalance® massage techniques and hand movements gently mobilise joints and connective tissues, thereby promoting the ability to relax and let go through a feeling of lightness and of being cradled by the water. Every application becomes a whole-body sensory experience.

wavebalance® movement training

Strength, condition, balance: mobilisation and training

With wavebalance®, the individually optimised art of movement is made impressively easy to learn and shows the way to a new and holistic sense of wellbeing. With its constantly dynamic wave movements and spiraling torsion through the whole body, wavebalance® training strengthens muscles in the whole body, improves condition and balance. Patients absorb the power of the waves during the exercises and re-energise their systems.

Characteristics of water in the wavebalance® therapy system

- water as a life-sustaining and healing element (elixir of life)
- sensory experience and stimulation
- active support through the undulating movement of the water
- water resistance adds effectivity of movement

Physical benefits of wavebalance® therapy

- prevention of muscular-skeletal disease
- regaining of muscle and joint function through complex oscillating 3D movement
- pain relief and relaxation of multiple body systems (muscular-skeletal, lymphatic, nervous, cardiovascular, respiratory and digestive systems)
- exercises for optimized movement patterns through systematic, sensory feedback information from the undulating waves
- improved muscle coordination, rhythm and stability
- heightened postural and movement awareness
- strengthening of muscles
- increased mobility and flexibility

Psychological benefits of wavebalance® therapy

- feeling of weightlessness – feeling of being carried and cradled
- feeling safe, developing trust
- joy of movement
- deep relaxation – meditative state
- activation of self-healing powers
- increased awareness of wellbeing

stimulating
and refreshing

naturally
regenerative

